

MORNING PRAYER

This new day has dawned; thanks be to God.

I begin this day seeking your presence to guide me, teach me and lead me. God, help me to be open to your generous gift of love; to share my faith with willingness; to delight in the beauty of your creation; to seek you out in the people I meet; to know you in the quietness, to sense you in the busyness. This I pray in the name of Jesus. **Amen.**

From the depths of my heart: O God, I hear your call to turn my heart to you. Hear now those things for which I seek forgiveness...

[A moment of silence to reflect]

From the depth of my heart, O God: I believe and trust in your loving forgiveness and generosity. I know that when I open my heart to you and see myself as you see me, you will pour the blessing of your forgiving grace upon me. **Amen.**

BIBLE READING...

You are blessed, O God of all creation, for freedom and justice comes from you. You have presented before us a Child who is our Saviour.

He is the One promised by the prophets, the One to save us from all evil. From the time of Abraham, O God, you promised us freedom, from the time of the covenant you made with him.

You call us to come and worship you, freely, to follow the way of holiness and righteousness. To prepare the way for the One who is of God; the One who brings salvation, the One who brings us forgiveness.

The dawn of tender love and compassion will be light upon us, and light beneath our feet; a light in the darkness of our days, a light which leads to peace. Amen.

PERSONAL PRAYER ENDING WITH 'OUR FATHER...'

God of grace, untangle my confused thoughts and hear the words I cannot find, so that the words I speak and the prayers I offer will be acceptable in your sight. May I live this day according to your will, and in the love of Jesus Christ. **Amen.**



EVENING PRAYER

You, Lord, are my lamp; you turn my darkness into light:
In the light of the Risen Christ I see your face.

God of all that is and ever shall be, be with me now as I pause at this evening time. Thank you for the words I have heard spoken and shared this day. Thank you for everything with which I have been blessed today. Thank you for the company that I have shared, for the times I have spent alone and for your constant presence with me. **Amen.**

[A moment of silence to reflect]

In the quietness I reflect upon my day. I give thanks to God for the joys of this day. I seek God's comfort for all that has hurt me this day. I ask your forgiveness for any wrong I have done this day. May I know that forgiveness flows out from God's generous love. **Amen.**

BIBLE READING...

I will praise you, O God; my spirit is full of joyfulness when I think of you.
You have looked upon me, and seen how I can serve you.

Through you, I shall be a blessing to generations still to come, through all you have brought to fruition from within me.

Your name is holy and merciful, showing mercy upon all who come to know you; in your arm there is strength to lift up the unseen and voiceless of this world.

You will feed those who hunger for your word and will send away those who refuse to listen.

As you have been with Israel, Abraham and all our ancestors in remembrance and mercy, so your presence will continue to be with their descendants for ever. **Amen.**

PERSONAL PRAYER ENDING WITH 'OUR FATHER...'

O God, as your light has guided my feet, your wisdom my thoughts and words, your love my actions and deeds, may the light of your presence be with me and watch over me through the darkening of this evening. Lead me into quiet rest, and peace, to rise anew to serve you in the coming day. In the name of Jesus. **Amen.**

